



BSNLCO-ADMN/84/1/2021-ADMN

Dtd. 15th June, 2026

To

The All CGMs,
BSNL.

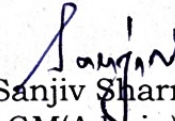
Subject: Participation in celebrations of International Yoga Day(IDY)-2026 on
21st June, 2026- regarding.

Ref.:(1)Letter No. 16-24/2023-O&M dtd. 09.06.2026 from Under Secretary,
DoT.
(2)DO Letter No. M-16011/47/2026-YN dtd 03.06.2026 from Ministry of
AYUSH.

Kindly find enclosed herewith the letter from Under Secretary, DoT
under reference no. 01 and DO letter from Ministry of AYUSH under reference
no. 02, pertaining to above mentioned subject. In this regard, it is requested
to take necessary action as per the guidelines mentioned in the aforesaid
letters to register your respective circles on Yoga Sangam Portal-2026 using
the link :<https://yoga.ayush.gov.in/yoga-sangam> , for celebrations of
International Yoga Day(IDY)-2026 on 21st June, 2026, organize Yoga Sangam
events on 21st June, 2026 and submit the event details on portal post-event.

This is issued with the approval of the Competent Authority.

Enclosures: As above.


(Sanjiv Sharma) 15/6/2026
AGM(Admin)

Copy to:

- (1) PS to DIR(HR) for kind information.
- (2) Under Secretary, DoT for information please.

No. 16-24/2023-O&M

भारत सरकार /Government of India

संचार मंत्रालय/Ministry of Communications

दूरसंचार विभाग/Department of Telecommunications

Room No. 513, 20 Ashoka Road
New Delhi-110001

Date 9.06.2026

To,

- | | |
|-----------------------------|---------------------|
| 1. DG (T), HQ | 2. CGCA |
| 3. CMD, BSNL | 4. CMD, TCIL |
| 5. CMD, MTNL | 6. CMD, ITI Ltd. |
| 7. DG, NCA (T) | 8. DG, NCA (F) |
| 9. CEO, C-DoT | 10. Secretary, TRAI |
| 11. Sr. DDG (TEC) | 12. Sr. DDG (NCCS) |
| 13. Director, WMO | 14. Director, NCA-W |
| 15. Deputy Registrar, TDSAT | |

Subject: Celebration of International Yoga Day 2026-reg.

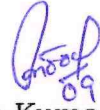
Sir/Madam,

I am directed to forward herewith Ministry of Ayush's DO letter no. 16011/47/2026-YN dated 03.06.2026 regarding the subject matter for information and further necessary action please.

2. This issues with the approval of Competent Authority.

Encl. As above.

Yours faithfully,


09.06.2026

(Anoop Kumar)

Under Secretary to the Govt. of India

Tele: 011-23036213

Copy to :

Dy. Secretary (GA) - for necessary action i.r.o DoT HQ

वैद्य राजेश कोटेचा
सचिव

Vaidya Rajesh Kotecha
Secretary



भारत सरकार
आयुष मंत्रालय
आयुष भवन 'बी' ब्लॉक, जी.पी.ओ. कॉम्प्लेक्स,
आई.एन.ए. नई दिल्ली-110023
Government of India
Ministry of Ayush
Ayush Bhawan, B-Block, GPO Complex,
INA, New Delhi-110023
Tel.: 011-24651950, Fax : 011-24651937
E-mail : secy-ayush@nic.in

Dear Colleague,

D.O. No.M-16011/47/2026-YN
3rd June, 2026

As you are aware, the International Day of Yoga (IDY) has emerged as a global movement promoting holistic health, wellness, and harmony. The theme for IDY 2026, "**Yoga for Healthy Ageing**", underscores the vital role of Yoga in enhancing physical, mental, and emotional well-being across all age groups and in fostering healthy and active ageing.

In continuation of this collective endeavour, the Ministry of Ayush is organizing several nationwide activities as part of the IDY 2026 celebrations.

In this regard, I would like to invite and encourage your active participation in the **Guinness World Record attempt** being organized by the Ministry of Ayush in association with Habuild Healthtech Pvt. Ltd. on **14th June 2026 from 6:15 AM to 7:35 AM**. This historic initiative aims to achieve the maximum number of people participating simultaneously in an online Yoga session through the Ministry of Ayush YouTube platform.

To participate in this event, individuals are required to register by giving a missed call on the toll-free number **1800-315-7008**. Upon registration, participants will receive a WhatsApp message containing the session link.

On the day of the Guinness World Record attempt, every participant must individually log in through their own device, as each registered device joining the session will be counted towards the official record. Therefore, I request you to ensure maximum participation by encouraging all officials, employees, affiliated institutions, organizations, Yoga practitioners, and members of the public under your jurisdiction to join separately through their personal devices.

Further, the Ministry of Ayush launched the **Yoga Sangam Portal 2026** on **27th May 2026** to facilitate the registration of organizations, institutions, Government departments, educational institutions, local bodies, autonomous bodies, PSUs, leading Yoga institutions, and community groups proposing to organize **Yoga Sangam events across the country on 21st June 2026**, simultaneously with the Hon'ble Prime Minister's flagship IDY event.

The portal may be accessed at: <https://yoga.ayush.gov.in/yoga-sangam>

Contd...2/-

It is, therefore, requested that the following may kindly be ensured:

1. Ensure registration of your organization/institution and all eligible subordinate, attached, autonomous, and affiliated offices on the Yoga Sangam Portal 2026.
2. Encourage all attached/autonomous offices, institutions, organizations, educational establishments, and affiliated bodies under your jurisdiction to organize Yoga Sangam events on 21st June 2026 and submit event details on the portal post-event.
3. Disseminate the registration link widely and encourage maximum participation among officials, stakeholders, institutions, Yoga practitioners and the general public

I shall be grateful for your personal intervention and support in ensuring wide publicity, mass mobilization, and enthusiastic participation in the Guinness World Record attempt and Yoga Sangam activities as part of the International Day of Yoga 2026 celebrations.

With regards,

Yours sincerely,



(Rajesh Kotecha)

To,

All Secretaries to the Government of India