Corporate Office
Admin & PR Branch

1st Floor, Bharat Sanchar Bhawan,
H.C.Mathur Lane, Janpath,
New Delhi-110001.
Ph: 011-23734157, Fax: 011-23718288



BSNLCO-ADMN/84/1/2021-ADMN

Dtd 18 June, 2024

To

The All CGMs, BSNL.

Subject: Regarding the Celebrations of 10<sup>th</sup> International Day of Yoga(IDY) on 21.06.2024.

Please find enclosed herewith the letter no. 16-24-2023/O&M dtd 10<sup>th</sup> June, 2024 of DoT on the above mentioned subject. In this regard it is requested to take necessary action as per the guidelines in the aforesaid letter to make the celebrations of 10<sup>th</sup> International Day of Yoga (IDY) on 21.06.2024 successful, and

- (i) Send a report regarding the plans drawn for celebration of 10<sup>th</sup> International Day of Yoga to this office upto 18.6.2024.
- (ii) Send a report alongwith pictures of events to this office immediately after conduction of the International Day of Yoga (IDY) events on 21.06.2024 for further disposal to DoT.

The above reports may be sent to this office at the following email address:

## Email address:agmadmn1@gmail.com & agmadmn1@bsnl.co.in

This is issued with the approval of the Competent Authority.

Enclosures: As above.

(Rupmala)
AGM(Admin)

## Copy to:

(1) PS to DIR(HR) for kind information.

(2) GM(Commercial), BSNL CO, New Delhi with the request to take necessary action for publicity on social media as per the guidelines mentioned in the letter of DoT.

## No. 16-24/2023-O&M Government of India Minister of Communications

## Department of Telecommunications

Sanchar Bhawan, 20 Ashoka Road, New Delhi-110 001

Dated: 10.06.024

To.

CMD, BSNL

3. CMD, MTNL

5. CMD, TCIL

7. DG, NICF

9. DG(T)

11. Sr. DDG, TEC

13. WA, WPC

2. CMD, BBNL

4. CMD, ITI Ltd.

6. DG, NTIPRIT

8. CEO, C-DOT

10. CGCA

12. Sr. DDG, NCCS

14. Director, WMO

Subject: Celebration of International Day of Yoga (IDY), 2024 on 21st June, 2024-reg.

Sir/Madam,

This is regarding celebration of 10th IDY on 21.06.2024. You may be aware that at the initiative of Hon'ble Prime Minister, United Nations' General Assembly took a historic decision in 2014 to declare 21st June the International Day of Yoga. The Government's aim is to make Yoga an integral part of citizens' lifestyle and thereby secure a healthy life for all. As part of the celebration of this day, a Yoga Session may be organized on 21.06.2024 for benefit of employees.

- 2. It is, therefore, requested to carry out the planning and preparation to ensure participation of maximum number of officers and staff of your respective organizations. Plan drawn up may also be shared with this office.
- 3. Wherever holding of a combined event is feasible at a location amongst Field Units and/or CPSE offices located at the station, this can also be done through suitable coordination locally. The formal communication regarding IDY 2024 from M/o Ayush is expected shortly and the same will be circulated as and when received.
- 4. It is also requested to share the reports alongwith photographs of the event to this Department via emails <u>prince.tomar@nic.in</u> and <u>anoop.kr@nic.in</u> immediately after the event.

Yours faithfully,

(S. Bandyopadhyay)

Director (coord)

Tele: 011 2303 6225

Copy to:

- Secretary(TRAI)/Registrar(TDSAT) with a request to consider organising similar Yoga event at their offices on the occasion of IDY 2024
- 2. DDG (Media), DoT for appropriate dissemination through Social Media handles